



FREE QUIZ

*Discover
your
impressivity*

Answer the questions below in writing, be honest, trust the process and see what you discover about yourself

im·pres·siv·ity - *noun* - /ɪm'prɛsɪv'ɪti/ -

the quality of being unique and impressive, the ability to impress oneself, a superpower, a core essence of a person, a passion that lights up one's soul

SKILLS

1. What are you good at?
2. What do you enjoy doing?
3. What do others think you are good at?
4. What do people come to ask your advice for?
5. What is one skill you would be motivated to improve?
6. What would be your ideal job regardless of money or benefits?
7. Do you consider yourself creative?
8. Are you a crafty person?
9. Do you enjoy physical activity?

INTERESTS

1. What is one topic / several topics you could talk about for hours and hours?
2. What do you post about on Facebook?
3. What do you post about on Instagram?
4. What is your most popular board on Pinterest?
5. What books do you read?
6. What podcasts inspire you?
7. If I lock you up in a room, with nothing but a piece of paper and a pen, what would you do?
8. What are you most proud of?
9. Do you prefer spending time indoor or outdoor?



ACTIVITIES

1. What did you want to become when you were a child?
2. Aside from your daily job, what is one activity you would do if money was not important?
3. What is one activity you would do all day tomorrow if you had time and money?
4. What is one activity that when you start doing you forget about food, sleep etc.?
5. Are you more of an introvert or an extrovert?
6. What is the activity that makes you smile?
7. What is the activity that relaxes you at the end of the day or on a weekend?
8. What is one way you like to contribute to the people around you?
9. Have you ever taken any extra-curricular classes or lessons?

RESULTS: Which category are you in?

Physical

Crafty

Artistic

Brainy

Physical

Dancing
Ballet
Climbing
Hiking
Team sports
Individual sports

Crafty

Knitting
Cooking
Handmade jewellery
Baking
Decorating
Sewing clothes

Artistic

Music
Singing
Playing an instrument
Painting
Writing
Drawing
Photography

Brainy

Foreign languages
Chess
Accounting
Crosswords
History
Geography
Archaeology